

## Mortality risk for women:

# Vulvar and perineal varicose veins

Women mostly don't notice the vulvar and perineal varicose veins emerging during pregnancy. Not taking proper care of the problem, women may face very dangerous situations during birth.

Women mostly don't notice the vulvar and perineal varicose veins emerging during pregnancy. Not taking proper care of the problem, women may face very dangerous situations during birth.

Vulvar and perineal varicose veins are usually caused by enlarging, gnarling and therefore malfunctioning of some veins. They cause serious health problems.

Among varicose veins that may occur on any part of the body, vulvar varicose veins are the most dangerous types, especially for women.

These types of varicose veins may be noticed easily with naked eye, but they can also be noticed by touching, feeling the skin. The most common symptoms of this disease are pain, burning and itching. Also, it causes pain during walking or sexual relationship.

### Commonly Seen During Pregnancy

It is said that the common reasons for vulvar and perineal varicose veins are the pressure on veins caused by the baby, constipation, straining heavily, genetic problems and surgical operations needed for gynecological problems. But it is noted that the pressure on veins caused by the baby during pregnancy is the most common one.

Cardiovascular Surgery Expert Op. Dr. Cafer Abbasoğlu says that these types of varicose veins, in case of not treating, may cause serious bleeding issues during birth. Dr. Abbasoğlu underlines that a lot of women having varicose vein problems live unaware of their situation because of lack of knowledge.

### What Are The Risks?

Dr. Abbasoğlu says that vulvar varicose veins stops making progress after birth but, they never vanish thus the patient still carry the risk.

Dr. Abbasoğlu emphasized that vulvar and perineal veins may enlarge during pregnancy and cause coagulation that may be dangerous for the baby and mother.

In case of skipping treatment, vagina may have to be removed in order to save the patient's life, noted Dr. Abbasoğlu.

Dr. Abbasoğlu warns women for early treatment of the disease.

### Treatment: Microsclerotherapy and Microfoam

Dr. Abbasoğlu explains that veins in the region are closed and terminated using microsclerotherapy and microfoam techniques in order for the varicose veins on the surface to be treated. He also underlines that these techniques are very successful in treating vulvar varicose veins.

Using this technique, the surface veins in vulvar, intra uterine, perineum and pubis are healed either by filling or inflating them, thus the patient can keep living a normal healthy life.

Dr. Abbasoğlu explains that the treatment is applied in one session using ultrasound and it has no side effects such as sensitivity, pain and allergic complication.

In conclusion, Dr. Abbasoğlu says, "Vulvar and perineal varicose veins in fact, must be taken very seriously. It shouldn't only be considered aesthetically but should be considered as a symptom for a vein anomaly or a symptom for a bad disease."